

THE MOUNT ST. HELENS INSTITUTE PRESENTS:



VOLCANO AFTER DARK



*A fun and educational overnight program
under the shadow of Mount St. Helens!*



Dear Parent or Guardian,

We look forward to having your student join us for our Volcano After Dark program!

Program Description: The Mount St. Helens Institute very excited for your child to come experience the volcano at night! The "Volcano After Dark" program will immerse students in the ever-changing landscape and introduce the fascinating scientific discoveries being made at Mount St. Helens. The over-night program will include a field science component as well as night hikes, astronomy and other fun activities! After a full afternoon of activities, you will "campout" in the visitor center among the exhibits and in the shadows of Mount St. Helens. We can't wait for you to learn about Mount St. Helens!

When Does the Adventure Begin? Groups arrive at the Coldwater Ridge Visitor Center at 4:00pm and set up "camp" and formally ends at 10:00am the next morning. In between, you get to

- Eat a healthy dinner on the terrace overlooking Coldwater Lake
- Experience the Ring of Fire
- Build your own volcano
- Hike through a volcanic landscape
- Solve the mysteries of the hummocks
- Eat snacks
- Play volcano games
- Sleep under a volcano
- Eat a yummy breakfast
- Tour the exhibits of the Johnston Ridge Observatory

Cost: \$45 per youth, which includes:

- Dinner, evening snack, breakfast
- Volcano After Dark educational program
- Admission to the Johnston Ridge Observatory and Mount St. Helens movie
- Volcano After Dark souvenir prizes

Volcano After Dark Contact information:

Pre-Program Questions: The Mount St. Helens Institute staff works very closely with the Group Coordinator to organize your child's Volcano After Dark experience. Please direct all questions regarding the Volcano After Dark program to your group coordinator.

Emergency Contact Information: In the case of an emergency on the night of your child's overnight trip, the program can be reached at (360)274-2114. *This number is only to be used for emergencies.*

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Equipment List:

- Signed Program Waiver
- Headlamp/ Flashlight
- Sturdy hiking boots or tennis shoes (No open-toed shoes)
- Backpack for all gear (can also be used on hikes)
- Water bottle
- Warm Clothing (it gets *cold* near the Volcano and we will be outside a lot!)
- Pajamas
- Toiletries (wash cloth, toothbrush, toothpaste, hairbrush, etc.)
- Sleeping bag
- Pillow
- Sleeping pad is recommended (Please, no cots)
- No electronics

Code of Conduct for Volcano After Dark Participants: The Mount St. Helens Institute wants you to have a great time at Mount St. Helens! To make sure everyone's stay is an enjoyable one, we ask all participants to follow these rules:

- All participants are expected to act in a safe, respectful manner.
- One chaperone is required for every eight students and must stay with these students at all times.
- In order to protect Mount St. Helens' fragile ecosystem, all participants must stay on paved paths and trails.
- After "Lights Out", chaperones are responsible for keeping students in their sleeping bags.
- All student MP3 players, cell phones, electronic games must be kept with their luggage and not used during the Volcano After Dark program.
- All participants must wear proper footwear (tennis shoes or hiking boots) during hikes.



Volcano After Dark Program Release Waiver

I herby give consent and permission for _____ to participate in the Mount St. Helens Institute Volcano After Dark program.

On behalf of _____, I hereby release the Mount St. Helens Institute officers and its employees from any claims which I, or _____ or our representatives might have for injuries or damage resulting from failure to obey and cooperate as instructed, or as a result of the risks and dangers involved in this activity.

In the event that the above stated participant needs medical treatment, I hereby consent and authorize the accompanying representative of the Mount St. Helens Institute to permit treatment. I agree to be responsible for the cost of any medical services and to indemnify the Mount St. Helens Institute for such expenses.

The above stated participant does not have any physical or mental conditions which would restrict or prevent them from participating in the scheduled activities, or which would increase the risk of harm with the exceptions listed below.

Parent/ Guardian Signature _____

Parent/ Guardian Printed Name _____

Address _____

City, State, Zip _____

In case of emergency, the name and number of the party who could respond. Please indicate each person's relationship to the participant:

1) Name: _____ Phone: _____ Relationship: _____

2 Name: _____ Phone: _____ Relationship: _____

Allergies: _____

Special Medications: _____

Any other information about participant you would like us to know? _____

The Mount St. Helens Institute, a non-profit educational institute, reserves the right to use photographs of participants taken during the Volcano After Dark program for self-promotion purposes.